

INSPIRE YOUTH ZONE SESSIONS

Activities are subject to change. Please speak to a member of staff if you are unsure. Or you can send us a message on social media.

		MONDAY SENIORS	TUESDAY JUNIORS	WEDNESDAY SENIORS	THURSDAY JUNIORS	FRIDAY SENIORS		SATURDAY JUNIORS
INSPIRE YOUTH ZONE	Session 1 4:00PM - 5:30PM	BE CREATIVE BE LOUD BE DRAMATIC BE TRANSFORMED BE FIT SPORTS HALL REC	BE FIT BE TASTY BETRANSFORMED BE LOUD SPORTS HALL REC	REC BE CREATIVE BE LOUD SPORTS HALL	REC BE CREATIVE BE TASTY BE DRAMATIC SPORTS HALL	REC BE CREATIVE BE LOUD BE FIT BE TASTY BE TRANSFORMED BE DRAMATIC	11:00 - 12:30	REC BE CREATIVE BE LOUD BE DRAMATIC BE TASTY BE TRANSFORMED SPORTS HALL
		MEDIA SQUAD <small>(Juniors & Seniors)</small> 5:00 - 7:00pm	REC	DRAMA CLUB <small>(Juniors & Seniors)</small> 5:00 - 7:00pm			1:00 - 2:30	
	Session 2 6:00PM - 7:30PM	BE CREATIVE BE LOUD BE DRAMATIC BE TRANSFORMED BE FIT SPORTS HALL REC TRAMPOLINING	BE FIT/CLIMBING BE TASTY BETRANSFORMED BE LOUD SPORTS HALL/ TRAMPOLINING REC	REC BE CREATIVE BE LOUD SPORTS HALL CLIMBING	REC BE CREATIVE BE TASTY BE DRAMATIC SPORTS HALL	REC BE CREATIVE BE LOUD BE FIT BE TASTY BE TRANSFORMED BE DRAMATIC	4:00 - 5:30	SENIORS REC BE CREATIVE BE TRANSFORMED SPORTS HALL
							6:00 - 7:30	
SUNDAYS - S.E.N Session 1 11:00am - 2:00pm. Invitation only. Get in touch if you'd like to be added to the reserve list for the next available cohort.								
DETACHED	4:30PM - 6:00PM	EUXTON SKATE PARK/GREENSIDE	ECCLESTON REC	CLAYTON BROOK	SPRINGFIELD PARK, COPPULL	JUBILEE REC, ADLINGTON		
	6:00PM - 7.45PM	RANGLЕТTS REC (DUKE ST)	BUTTERMERE GREEN REC	HARPERSLANE	CORONATION REC (DEVONSHIRE) CHORLEY	BUCKSHAW PARK		
SOME LOCATIONS ARE SUBJECT TO CHANGE, ANY CHANGES WILL BE ANNOUNCED ON FACEBOOK/INSTAGRAM STORIES.								
MENTORING	MENTORING SERVICE IS OPEN TO INSPIRE YOUTH ZONE MEMBERS FOR YOUNG PEOPLE AGES 8-19 YEARS OLD. IF YOU WOULD LIKE TO KNOW MORE ABOUT OUR MENTORING SERVICE EMAIL RYAN.POWELL@INSPIREYOUTHZONE.ORG. (UP TO 25 FOR YOUNG PEOPLE WITH SPECIAL EDUCATIONAL NEEDS OR DISABILITY)							

"A CHARITY AT THE CENTRE OF OUR COMMUNITY, A PLACE WHERE YOUNG PEOPLE CAN BE SAFE, BE INSPIRED AND HAVE FUN!"

REC	The Rec is one of our most popular zones. Young people can relax or play together with plenty of active challenges. It's a social space with lots of activities that includes; gaming, table tennis, pool, bingo, card and board games.
BE TRANSFORMED	Be Transformed is a session designed to promote wellbeing and positive mental health in a comfortable environment. Activities can include; fun games, hair beauty, positivity and mental health awareness sessions.
BE LOUD	Be Loud gives members the opportunity to learn and practise a musical instrument. Activities can include; Instrument lessons, YouTube Covers, band practise and singing.
BE CREATIVE	Be Creative allows our members to continue drawing, painting and creating. Activities include; mindfulness painting, still-life canvas, tie-dye and young members own work.
BE ACTIVE (Sports Hall)	Be Active, also known as 'Sports Hall' is exactly what it says on the tin. Young people can play loads of exciting sports like basketball, badminton, tennis and even TRAMPOLINING.
BE DRAMATIC	Be Dramatic in our dance studio allows young members to learn, practise and develop their dance routines. Dances can include; morris dancing, street dancing, gymnastics and lyrical movements.
BE FIT	Our Be Fit sessions enable young people access to a gym with all the top equipment. We have experienced gym instructors with lots of fitness qualifications to help our members with their health and wellbeing. On top of Be Fit, we have <i>Be Adventurous</i> which includes our state-of-the-art climbing wall.
BE TASTY	Be Tasty sessions give young people basic baking skills. Activities can include; making fairy cakes, chocolate chip cookies and cookie pizza.
DRAMA CLUB	Our Drama club on Wednesday brings the glitz and glamour to Inspire. A mixed session of both Juniors and Seniors, young people can create incredible works of theatre, film and dance.
OUTREACH	Our Outreach programme is designed to target young members in a community environment. We have dedicated and experienced youth workers heading out to local parks and centres to engage with young people. This provision is for all young people and not exclusive to our members. Activities can include; football, dance and sport.

You can book a session with us at <https://www.inspireyouthzone.org/book-a-session/>



"Great facilities and opportunity for children to play in a safe environment. The annual fee, entrance fee and food is reasonably priced. It's the best thing to happen in Chorley for some time. Well done!"

★★★★★ 5 star review on Facebook.

Not a member?

No problem! You can become a member for just £5 annual membership which gives you access to all of these amazing activities for just 50p per session.

Where do I sign up?

To become a member, simply visit <https://www.inspireyouthzone.org/new-member/> and complete the online membership form! Or you can talk to a member of staff!

PROVIDING ALL YOUNG PEOPLE WITH SOMEWHERE TO GO, SOMETHING TO DO, AND SOMEONE TO TALK TO.