

TRANSFORM YOUNG LIVES

**Job Role:**

Health and Wellbeing
Coordinator

**Salary:**

£25,500-£28,500

**Reporting to:**

Targeted Services
Manager

**Hours:**

37.5 hrs pro rata





FREE GYM ACCESS



FREE MEAL ON SESSION



33 DAYS LEAVE PRO RATA
(INCLUSIVE OF BANK HOLS)



TRAINING AND
DEVELOPMENT
OPPORTUNITIES



BIRTHDAY LEAVE



FREE MEMBERSHIP & HOLIDAY
CLUB FOR YOUR CHILDREN*

Lively, fun, 'sick'... these are some of the words our members use to describe Inspire.

Working with young people age 8-19 (25 with additional needs), we transform lives, helping them be the best they can be.

Opening in 2018, we're 7 years old this year, and in those 7 years, we haven't stopped learning, and we haven't stopped developing. From a global pandemic to the cost of living crisis, we are there for young people when they need us and adapt to their ever-changing needs.

Open 7 days a week when schools are shut, at our most basic, we provide **somewhere to go, something to do, and someone to talk to.** Our 'see it to believe it' facilities give young people access to a range of activities, opens doors to a world of opportunities, and provides the perfect space to develop new relationships with both peers and positive role models.

Through our doors you'll find; a 3G pitch, gym, sports hall, climbing wall, dance studio, music room and much more.

Inspire isn't just be a place to go, it's a place to grow. And that's as much about young people as it our staff team.

There's so many perks to joining our staff team!

Our Culture



Committed



Supported



Ambitious



Present



Inspirational

THE ROLE

Our Health & Wellbeing Coordinator is right at the heart of Inspire's mission to help young people feel good inside and out. You'll bring our youth-led Health & Wellbeing Programme to life, giving young people the tools, support, and opportunities they need to thrive emotionally, physically, and socially.

You'll run brilliant health and wellbeing sessions, link up with partners to grow our offer, and take the lead in one senior session each week, making sure it runs smoothly, and being a positive role model along the way.

From delivering targeted programmes and offering safeguarding support, to sharing your skills with the team through bitesize training, this role is all about making a real difference to young lives, every single week.

KEY RESPONSIBILITIES

- Lead and deliver engaging health and wellbeing sessions for young people.
- Build strong partnerships to expand Inspire's wellbeing offer.
- Take charge of one senior session each week, ensuring smooth delivery and a great experience for members.
- Design and deliver targeted wellbeing programmes that meet young people's needs.
- Support with leading senior sessions as duty manager.
- Provide safeguarding support and act as a trusted adult for young people.
- Share expertise through bitesize youth work training for staff and volunteers.
- Monitor and evaluate the impact of health and wellbeing activities.



KNOWLEDGE AND EXPERIENCE

- Passion for improving young people's health, wellbeing, and life chances.
- Experience delivering engaging activities with young people.
- Understanding of health and wellbeing issues affecting young people.
- Strong safeguarding knowledge and commitment to keeping young people safe.
- Great communication skills with young people, families, and partners.
- Ability to build trust and positive relationships.
- Creativity in designing fun, impactful sessions.
- Confidence in leading groups and managing challenging situations.
- Good organisational skills to plan, deliver, and evaluate programmes.
- Willingness to work evenings and weekends as part of the delivery team.



POSITIVE AND
ENTHUSIASTIC



PUNCTUAL AND
RELIABLE



BELIEF IN YOUNG
PEOPLE



ENHANCED DBS
CLEARANCE



BE A POSITIVE ROLE MODEL
TO YOUNG PEOPLE



2024 IN NUMBERS



DEALT WITH 433
CAUSE FOR
CONCERNS



OVER 54,000
VISITS FROM
YOUNG PEOPLE



DELIVERED
12,534
ACTIVITIES



PROVIDED
9,522
FREE MEALS

ADDITIONAL REQUIREMENTS

- This role involves regular evening and weekend working, including a 3-night-a-week rota for evening delivery.

THE OTHER STUFF

- You will be required to work 37.5 hours per week for this role
- To apply, send your CV and cover letter to caitlin.blythe@inspireyouthzone.org
- This is a rolling vacancy and applications will close when the role has been filled.

